



Double Bite Technique

Issue

- Short crown margins.
- Occlusal adjustment too high.
- Crowns too tight or too small.

Cause

- Teeth in contact with tray.
- Poor tissue retraction and/or moisture control.
- Early removal from mouth.
- Patient not in centric occlusion.
- Lack of tray support/weak tray/no walls.
- Early removal from mouth.

Solution

- Avoid contact of teeth with tray.
- Use double cord retraction technique.
- Follow recommended oral setting time.
- Try-in tray prior to making the impression.
- Establish repeatable orientation of the teeth.
- Identify contact areas or distinguishing features.
- Ensure that the crossbar does not interfere with achieving complete occlusion.
- Use rigid impression tray with walls.
- Follow recommended oral setting time.